



## Coconut Pecan Chocolate Truffles

Makes 14 truffles

- 2 ounces dark chocolate chips
- 5 ounces pitted dates, chopped
- 2 ounces pecans
- 1 tablespoon coconut oil
- 3 tablespoons cocoa powder or cacao powder
- 3 tablespoons shredded coconut
- Shredded coconut for rolling

### Directions

Place the chocolate chips in a food processor and blend until well-chopped. Add the rest of the ingredients and blend. Roll into bite-sized balls and roll in coconut.



**For more healthy recipes,  
please visit *Your Healthy Kitchen*  
via [www.yrmhealthconnect.org](http://www.yrmhealthconnect.org)**

### NUTRITION INFORMATION PER TRUFFLE:

Calories	73
Total Fat	4 g
Saturated Fat	3 g
Carbohydrates	11 g
Fiber	2 g
Protein	1 g
Potassium	70 mg

Also a very good source of  
healthy phytochemicals  
Cost per batch: \$2.50